

# BOORLEY PARK NEWSLETTER 24

## HEADTEACHER'S MESSAGE

This week, I am delighted to share with you the exciting progress we've been making in developing our enquiry-based learning across the school. As part of our continued focus on fostering deep thinking and a love for learning, we've been working closely with Mrs Crawford, who has been supporting us in implementing Let's Think in English.

Mrs Crawford spent another day with us, observing lessons across the school. She was incredibly impressed with what she saw. Across the school, children were engaging in thought-provoking discussions, developing critical thinking skills and actively exploring concepts in a collaborative, creative way.

We're thrilled with the progress our children are making, and are excited to see how this approach continues to inspire curiosity, confidence and collaboration in our learning.



## INSPIRING MINDS

In Year 3, the children have been applying their curiosity and scientific investigative skills by looking into the anatomy of flowers. As part of their exploration in Science, they conducted a hands-on activity where they carefully dissected a daffodil. This allowed them to identify and examine key components of the flower, including the petal, stamen, sepal, anther, filament, stigma, style, and ovary. The children were fascinated by the functions of each part. This engaging experience sparked their interest and broadened their understanding of the processes that occur within a flower.



# NURTURING FUTURES

We are delighted to welcome parents and carers to a coffee morning with Mrs Darnley our SENDCo and Mrs Carpenter, our Family Support Worker to share how we use the zones of regulation to support children with managing their emotions and feelings. Please see the flyer sent out with this newsletter for further details of how to register your interest. This will be held on Friday 25th April 2025 between 9:00 and 10:15am.

The **ZONES** of Regulation

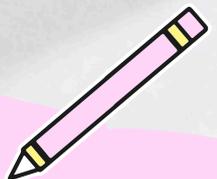
## STRENGTHENING COMMUNITY

A huge thank you to all of our families for their generous donations in support of Comic Relief's Red Nose Day. The children looked absolutely wonderful in their red outfits, and it was fantastic to see everyone coming together for such a worthwhile cause. All the donations will go towards helping those in need, both in the UK and around the world, with a particular focus on supporting families living in poverty and those facing hardship. The funds raised will go towards projects that provide vital services, including education, mental health support and emergency aid. Your kindness makes a difference and we are incredibly proud to be part of a compassionate and supportive community. Thank you once again for your generosity!



Thank you for your support we raised £230.50.

PLEASE CAN YOU MAKE SURE THAT YOUR CHILD HAS A WATER BOTTLE IN SCHOOL EVERY DAY.



# The Zones of Regulation Parent/Carer Coffee Morning



**FRIDAY  
25TH APRIL  
9.00-10.15AM**

**Please sign in as you  
enter the hall through  
the side entrance.**

***Pre-school siblings  
welcome!***

Come along for a cup of tea/  
coffee and biscuits and meet  
members of our inclusion team  
including: Helena Darnley,  
SENDCo and Ali Carpenter,  
Family Support Worker/ ELSA.

**This session will include a  
presentation from the  
SENDCo about The Zones of  
Regulation - a framework  
designed to help individuals,  
especially children, develop  
self-regulation skills and  
emotional control.**



**If you're interested in coming along drop the office an  
email at [boorleypark@boorleypark.org](mailto:boorleypark@boorleypark.org)**

(you are still welcome to come on the day if you haven't emailed)

# SAFEGUARDING NOTICES

In today's digital age, it's important for parents and carers to monitor children's online activities and help them navigate the virtual world safely. Encouraging open conversations about internet use can help build trust and awareness. Keeping an eye on their communications, setting appropriate boundaries, and using parental controls are effective ways to ensure their safety. Additionally, educating children about the impact of cyberbullying—both as potential victims and bystanders—empowers them to act responsibly and seek help if needed.

Together, we can create a safe and supportive online environment for our young learners.

## KEY DATES

### March 2025

Wednesday 26th March - Year 1 Trip to Marwell Zoo

Thursday 27th March - 2:45-3:15pm Year 2 Parent Workshop-Life Cycles - Year 2 classrooms

Monday 31st March - 3:45pm Choir Performance in the hall

### April 2025

Tuesday 1st April Year 3 & 4 show - 9:30am - email sent with ticket information via Edulink

Tuesday 1st April 2:45-3:15pm Year 5 Parent Workshop - Food Tasting - In the hall

Wednesday 2nd April Year 3 & 4 show - 2:00pm - email sent with ticket information via Edulink

Thursday 3rd April PTA Easter Disco - KS1 - 4:30 to 5:15pm

KS2 - 5:15 to 6pm

Friday 4th April - Last Day of Term

**Monday 7th April - Monday 21st April Easter Holidays**  
**Tuesday 22nd April - INSET day - School closed to all pupils**

Wednesday 23rd April - First Day of Term

Friday 25th April - Year 2 Trip to Sea City Museum

### May 2025

Friday 16th May 2:30pm Year 3 Parent Workshop Summer Picnic- On the field/Hall

Monday 19th May 3-3:15pm Year 5 Parent Workshop - Art Gallery - In the Hall

Tuesday 20th May 9:00-9:30am Year 1 Recorder concert - In the Hall

Tuesday 20th May 3:00pm Year R Book Look - Year R classrooms

Thursday 22nd May 3-3:15pm Year 4 Parent Workshop - Clay dragon eye art exhibit - In the hall

Friday 23rd May 2:30-3pm Year 2 Parent Workshop - Art Gallery - classrooms

Friday 23rd May - Last Day of Term

**Half Term Holidays - Monday 26th May - Friday 30th May 2025**

Monday 2nd June - First Day of Term



# PTA CORNER

Easter Disco - Thursday 3rd April 2025

KS1 - 4:30 to 5:15pm

KS2 - 5:15 to 6pm

Your child can enjoy a boogie with their friends and a snack for just £3.

ParentPay is now open for you to pay for your child to attend the Easter disco.

We have EGGciting news about the PTA Easter egg hunt for April half term.

Not only can you go on an EGGstraordinary hunt around the local area, all completed trail packs will be entered into our prize draw!

Check out our poster below for prizes, such as 2 tickets to Paultons Park!

**Easter Trail** 

Boorley Park School

Running throughout the Easter Holidays  
5<sup>th</sup> – 22<sup>nd</sup> April

The Easter bunny has been busy hiding eggs around Boorley Park. Can you find them all & crack the code?

**£2 per entry**

Look out for details of how to enter in the school newsletter & on the PTA Facebook page. Siblings/friends/family also welcome to enter. Activity booklets will be distributed to children's classrooms in the last week of term.

Post completed trail sheets into the box at Gather café or return to school by the 25<sup>th</sup> April to be entered into the prize draw to win one of the following eggciting prizes!

*1<sup>st</sup> Prize: Entry for 2 people (>1m) to Paulton's Park*  
*2<sup>nd</sup> Prize: Day Pass for 1 adult & 1 child to Marwell Zoo*  
*3<sup>rd</sup> Prize: Day Pass for 1 adult & 1 child to Manor Farm*

Sponsored by:

 **PARTNERS IN COFFEE**  **Freddie's** Barbers shop

THANK YOU FOR ALL OF YOUR SUPPORT!

# What Parents & Carers Need to Know about HOW TO COMBAT ONLINE BULLYING

Defined as "ongoing hurtful behaviour towards someone online", cyber-bullying makes its victims feel upset, uncomfortable and unsafe. In the digital world, it has numerous forms – such as hurtful comments on a person's posts or profile; deliberately leaving them out of group chats; sharing embarrassing images or videos of someone; or spreading gossip about them. Cyber-bullying can severely impact a young person's mental health ... so, in support of Anti-Bullying Week, we've provided a list of tips to help trusted adults know what to look for and how to respond to it.

## 1. GET CONNECTED

Playing online games together with your child or connecting with them on social media (providing they're old enough) is not only fun but also an excellent way of establishing some common ground to discuss things you've both seen or done online – as well as keeping an eye on who your child is communicating with in the digital world.

## 2. KEEP TALKING

Regular chats with young people about their online lives are good practice in general, but they can also be an excellent refresher to help prevent cyber-bullying situations. Topics you might want to revisit include why it's important to only connect online with people we know and trust, and why passwords should always remain secret (even from our best friends).

## 3. STAY VIGILANT

Observe your child while they're using technology and just after they've used it. Are they acting normally, or out of character? Possible signs of a problem may include seeming quiet or withdrawn, jumpy or anxious, angry or repeatedly checking their phone. When you feel it's the right time, you may want to check in with them to see if everything is OK.

## 4. MAKE YOURSELF AVAILABLE

If an online bullying incident *does* occur, it may take a while before your child is ready to open up about what happened. Just gently remind them that they can always come to you with any problems – and that they won't be in trouble. You might also suggest a trusted family member they could turn to, in case they feel too embarrassed to tell you directly.

## 5. BE PREPARED TO LISTEN

When conversations about online bullying do take place, they're likely to be difficult, emotional and upsetting for both you and your child. Actively listen to your child while they're bringing you up to speed, and try not to show any judgement or criticism – even if they haven't dealt with the situation in exactly the way you would have hoped.

## FURTHER SUPPORT AND ADVICE

If you or your child need additional help with an online bullying issue, here are some specialist organisations that you could reach out to.

**Childline:** talk to a trained counsellor on 0800 1111 or online at [www.childline.org.uk/get-support/](http://www.childline.org.uk/get-support/)

**National Bullying Helpline:** counsellors are available on 0845 225 5787 or by visiting [www.nationalbullyinghelpline.co.uk/cyberbullying.html](http://www.nationalbullyinghelpline.co.uk/cyberbullying.html)

**The NSPCC:** the children's charity has a guide to the signs of bullying at [www.nspcc.org.uk/what-is-child-abuse/types-of-abuse/bullying-and-cyberbullying/](http://www.nspcc.org.uk/what-is-child-abuse/types-of-abuse/bullying-and-cyberbullying/) and can be reached on 0808 800 5000

## 6. EMPOWER YOUR CHILD

Depending on their age, your child might not want a parent 'fighting their battles for them'. In that case, talk through their options with them (blocking the perpetrator, deleting the app and so on). By allowing your child to choose the path they take, you're putting them in control but are also demonstrating that you're there to support them along the way.

## 7. REPORT BULLIES ONLINE

Cyber-bullying often takes place through a particular app, social media platform or online game. If this is happening to your child, encourage them to report the offender to the app or game in question – ideally with screenshots to support their complaint. Most games and apps have reporting tools specifically to stamp out abusive behaviour and protect users.

## 8. ENCOURAGE EMPATHY

Protecting themselves online is the priority, of course, but young people should also feel empowered to help if they witness other people falling victim to cyberbullying. Even if they don't feel confident enough to call someone out on their abusive behaviour online, they can still confidentially report that person to the app or game where the bullying occurred.

## 9. SEEK EXPERT ADVICE

Victims of online bullying frequently experience feelings of isolation and anxiety, a loss of self-esteem and potentially even thoughts of self-harm or suicide. If you think that an incident of cyber-bullying has affected your child's mental wellbeing, then seek psychological support for them. There are some useful contact details in the central panel below.

## 10. INVOLVE THE AUTHORITIES

If the nature of any online bullying makes you suspect that your child is genuinely in imminent physical danger – or if there are any signs whatsoever of explicit images being shared as part of the bullying – then you should gather any relevant screenshots as evidence and report the incidents to your local police force.

## Meet Our Expert

Dr Claire Sutherland is an online safety consultant, educator and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian government comparing internet use and sexting behaviour of young people in the UK, USA and Australia.



**National Online Safety**  
#WakeUpWednesday